

File therapy

The most recent text for public use is here: http://et/herbox.local:9001/p/clinic.file/_therapy.md

Script for Your problem is a file! For the Desk Intake:
Do you have software problems: is it a file? // can you
write it into a file??? For the Service Intake: Pick a file
together

Possible problems: forgetting password (dis)organising
files psychological effects of messy desktops / com-
puter problems

How do we deal with it - ritualize the process (urban
'magician'/medium practices) - take inspiration from
colour therapy / sound therapy/mindless mindfulness?

Agile Yoga?

Treatments: >complex pixel surgery: identifying the
pixel problem, extirpating it, restoring&(eventually re-
turning the file to the owner) >sound therapy >re-
gression therapy: renarrating traumatic software ex-
periences through pixel rearrangement >blood let-
ting: Put everything into a file and delete it (Think
about problems recovery system>what happens af-
ter the deletion?) >Send to desktop logistics/clean-
ing service

During the treatments people get an explanation of
the various translations.

What to give people as a take away? > printed image
of the file > sound file

Why is it a critique? - Unix philosophy everything is
a file - challenging the idea of fixing (cause/effect)
- making software problems more tangible through
transformation

THINGS WE NEED: - At least two computers, one of
them must be able to work with both printer & speak-
ers - USB stick - Speakers - Printer

TO DO LIST:

usb stick - find some therapeutical packaging (stick
the feather on the USB) - write bash script to print text
on terminal when USB is plugged in + - script to print
pixels from a file (eventually when USB is plugged in)
first page, with pixels seeable by hand convert -size
16x16 -depth 8 gray:FILE_TO_THERAPIZE output.gif -
decide on the message displayed when USB is plugged
in

audio sonification - how to make into a relaxing drone
- which problems become files? Network problems:
via networkconfiguration files Desktop managing: turn
all files into one

run script when usb is plugged in <https://askubuntu.com/questions/284224/autorun-a-script-after-i-plugged-or-unplugged-a-usb-device> <https://askubuntu.com/questions/25071/how-to-run-a-script-when-a-specific-flash-drive-is-mounted>